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## BOOK BANK FOUNDATION SPECIAL BULLETIN

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### THE BOOK BANK AFTERCARE PROJECT

1. The Book Bank Aftercare Project Pre-release – Transition Phase  
(Two weeks to one-month process)
  - A. Candidate meets with the The Book Bank Aftercare Project Coordinator (once a week) before leaving The Book Bank Aftercare Project.
  - B. Discusses desires and goals he wants to obtain.
  - C. Strategy discussed to obtain goals
  - D. Environment and external influences are considered.
  - E. Determine what resources are available to obtain desired goals.
  
2. The Book Bank Aftercare Project After-release Phase
  - A. The Book Bank Aftercare Project counselor is assigned – preferably the same person who conducted counseling sections during the pre-release phase.
  - B. The Book Bank Aftercare Project counselor works closely with the client:
    - Skill enhancement – education and training
    - Job and school placement
  - C. The Book Bank Aftercare Project counselor strives to become active in clients personal, emotional and mental well-being. Some of the factors could include:
    - Family stresses
    - Environmental stresses
    - Financial stresses
    - Emotional stresses
    - Mental stresses
  - D. The Book Bank Aftercare Project counselor attempts to bring client into as positive a life-style as possible. Positive reinforcement is critical.
  
3. The Book Bank Aftercare Project Aftercare - community and spiritual activity reinforcement
  - A. Community and spiritual involvement are important and has a positive influence on a majority of individuals

- B. The Book Bank Aftercare Project counselor attempts to get a sense of which community activities (sports, volunteering, tutoring, et al.) or spiritual activities (church, temple, or synagogue) that interest the client.
- C. The Book Bank Aftercare Project counselor attempts to, evaluate the client, and secure institutions or organizations that offer these activities or spiritual interests in the clients surrounding area.
- D. The Book Bank Aftercare Project counselor follows through to evaluate the level of change from the client from his involvement in these activities.
- E. When there is a negative response, the The Book Bank Aftercare Project counselor works in conjunction with the client to find other spiritual and non-spiritual entities that best suit the client.

4. Aftercare - Events and activities

- A. Sponsored events conducted by The Book Bank Aftercare Project are important. Activities such as reunions and group activities encourage and create a sense of “family” for the clients.
- B. The Book Bank Aftercare Project counselor attempts to promote a desire in the client to participate in these activities, as well as, maintain positive communication with those who were residents . (Such as letter writing, phone calls or visits.)
- C. The Book Bank Aftercare Project Aftercare counselor might periodically visit or have lunch with the client to display a more personal interaction.

5. Aftercare - Follow-up

- A. The primary purpose of the aftercare project is to keep abreast of the client’s stability after he leaves The Book Bank Aftercare Project.
- B. Therefore, follow-up on areas of interest is vital. The attempt here is to assist in every way possible to help the client reach a level of success in his life after he leaves The Book Bank.
- C. Information such as addresses, phone numbers are important to maintain an ongoing relationship.
- D. Progress reports should be kept on all clients to get a sense of how the The Book Bank Aftercare Project is working, and what needs to be done to alter and enhance it effective.
- E. Feedback from the clients concerning their aftercare experience is essential in determining the importance of the The Book Bank Aftercare Project.